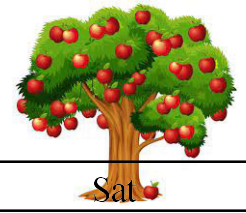


September 2023

K-8 Breakfast Menu 7:35 A.M.- 7:55 A.M.



Sun Mon Tue Wed Thu Fri Sat



*Menu subject to change
 *This is an equal opportunity employer.
 Pomerene School Breakfast Menu K-8



						1 NO SCHOOL	2
3 Nutrition requirements: Main Dish Grain/ Meat or Meat alternative: Min. 1oz daily	4 NO SCHOOL	5 Egg and Cheese on Biscuit Fruit/ Vegetables Milk/ Juice	6 Ham Patty Hashbrown Fruit/ Vegetables Milk/ Juice	7 Sausage Patty/ Cheese on English Muffin Fruit/ Vegetables Milk/ Juice	8 Cereal Fruit/ Vegetables Milk/ Juice	9 Breakfast: \$1.25 Reduced: \$0.30 Milk: \$0.50	
10 Fruit Choice: Min. 1/2c daily Vegetable Choice: Min. 1/2c daily	11 Pancake and Sausage Patty Fruit/ Vegetables Milk/ Juice	12 Cereal Fruit/ Vegetables Milk/ Juice	13 French Toast Sticks Ham Patty Fruit/ Vegetables Milk/ Juice	14 Strawberry Cream Cheese Bagel Fruit/ Vegetables Milk/ Juice	15 Biscuits and Gravy Sausage Patty Fruit/ Vegetables Milk/ Juice	16	
17 Starchy, Beans/Peas, other 1/2c daily. Red/ Orange 3/4c Wk.	18 Breakfast Pizza Fruit/ Vegetables Milk/ Juice	19 Danish Fruit/ Vegetables Milk/ Juice	20 Sausage, Egg and Cheese on English Muffin Fruit/ Vegetables Milk/ Juice	21 Sweet Potato Pancake Hashbrown Fruit/ Vegetables Milk/ Juice	22 Cereal Fruit/ Vegetables Milk/ Juice	23 *Daily breakfast alternative: Yogurt and Graham crackers.	
24 Drink Choice: Min. 1 Fl oz daily. Milk must be offered.	25 French Toast Sticks Sausage Patty Fruit/ Vegetables Milk/ Juice	26 Egg and Cheese on Biscuit Fruit/ Vegetables Milk/ Juice	27 Cereal Fruit/ Vegetables Milk/ Juice	28 Chocolate Chip Pancakes/ Ham Patty Fruit/ Vegetables Milk/ Juice	29 Breakfast Pizza Fruit/ Vegetables Milk/ Juice	30 	