



# May 2023

## K- 8 Lunch Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Grilled Chicken Marinara Peas Fruit/ Vegetables Milk	2 Ground Turkey Tacos Refried Beans Fruit/ Vegetables Milk	3 Spaghetti Bread stick Fruit/ Vegetables Milk	4 Cheese Pizza Fruit/ Vegetables Milk	5 Ham Sandwich Chips Fruit/ Vegetables Milk	6
7 <b>Nutrition requirements:</b> <b>Main Dish Grain/ Meat or Meat alternative:</b> <b>Min. 1oz daily</b>	8 Chicken Drumstick Mashed potatoes/ Corn Fruit/ Vegetables Milk	9 Chicken Enchiladas Rice/ Refried Beans Fruit/ Vegetables Milk	10 Beef Stroganoff French Fries Fruit/ Vegetables Milk	11 Hamburgers Tater Tots Fruit/ Vegetables Milk	12 Turkey Sandwich Chips Fruit/ Vegetables Milk <b>1/2 day</b>	13  <b>Lunch: \$2.00</b> <b>Reduced: \$0.00</b> <b>Milk: \$0.50</b>
14 <b>Fruit Choice:</b> <b>Min. 1/2c daily</b> <b>Vegetable Choice:</b> <b>Min. 1/2c daily</b>	15 Pulled Pork Sandwich French Fries Fruit/ Vegetables Milk	16 Chicken Fajitas Rice Fruit/ Vegetables Milk	17 Corn Dog/ Chips Fruit/ Vegetables Milk <b>1/2 Day</b>	18 Bean Burrito Corn Chips & Salsa Fruit/ Vegetables Milk <b>1/2 Day</b>	19 <b>No Lunch</b> <b>Out @ 10:30</b> <b>Last Day Of School</b>	20
21 Starchy, Beans/Peas, other 1/2c daily. Red/ Orange 3/4c Wk.	22	23	24	25	26	27
28 <b>Drink Choice:</b> <b>Min. 1 Fl oz daily.</b> <b>Milk must be offered.</b>	29	30	31	<b>Summer Vacation</b>		



\*Menu subject to change  
\*This is an equal opportunity employer.  
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