



May 2023

K-8 Breakfast 7:35 A.M. to 7:55 A.M.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Mini Eggo Waffles Fruit/ Vegetables Milk/ Juice	2 Banana Loaf Fruit/ Vegetables Milk/ Juice	3 Strawberry Cream Cheese Bagel Fruit/ Vegetables Milk/ Juice	4 Ham Patty Hash Brown Fruit/ Vegetables Milk/ Juice	5 Donuts (Variety) Fruit/ Vegetables Milk/ Juice	6
Nutrition requirements: Main Dish Grain/ Meat or Meat alternative: Min. 1oz daily	7 Sausage & Egg on English Muffin Fruit/ Vegetables Milk/ Juice	8 Eggo Waffle & Sausage Patty Fruit/ Vegetables Milk/ Juice	9 Bacon & Egg on Biscuit Fruit/ Vegetables Milk/ Juice	10 Cereal Fruit/ Vegetables Milk/ Juice	11 Muffins (Variety) Fruit/ Vegetables Milk/ Juice 1/2 day	12  Breakfast: \$1.25 Reduced: \$0.00 Milk: \$0.50
Fruit Choice: Min. 1/2c daily Vegetable Choice: Min. 1/2c daily	13 Biscuits and Gravy Egg Patty Fruit/ Vegetables Milk/ Juice	14 Blueberry muffin Fruit/ Vegetables Milk/ Juice	15 Mini Eggo waffles Fruit/ Vegetables Milk/ Juice 1/2 Day	16 Sausage/ Egg and Cheese on Biscuit Fruit/ Vegetables Milk/ Juice 1/2 Day	17 Cereal Fruit/ Vegetables Milk/ Juice Out @ 10:30 Last Day Of School	18 *Daily breakfast alternative: Yogurt and Graham crackers.
Starchy, Beans/Peas, other 1/2c daily. Red/ Orange 3/4c Wk. Drink Choice:	19 20 21 22 23 24 25 26 27	<h1>Summer Vacation</h1>				
Min. 1 Fl oz daily. Milk must be offered.	28 29 30 31	 <p>*Menu subject to change *This is an equal opportunity employer. Pomerene School Breakfast Menu K-8</p> 				