

# March 2023

K-8 Lunch

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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\*Menu subject to change  
 \*This is an equal opportunity employer.  
 Pomerene School Lunch Menu K-8



			1 Salisbury Steak/ Baked Beans Mashed Potatoes Fruit/ Vegetables Milk	2 Cheese Pizza Fruit/ Vegetables Milk <b>1/2 Day</b>	3 Turkey Sandwich W/WO Cheese/ Chips Fruit/ Vegetables Milk <b>1/2 Day</b>	4
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5 <u>Nutrition requirements:</u> Main Dish Grain/ Meat or Meat alternative: Min. 1oz daily	6	7	8	9	10	11
12 Fruit Choice: Min. 1/2c daily Vegetable Choice: Min. 1/2c daily	13	14	15	16	17	18



19 Starchy, Beans/Peas, other 1/2c daily. Red/ Orange 3/4c Wk.	20 Corn Dog Chips Fruit/ Vegetables Milk	21 Chicken Patty Sandwich/ Tater tots Fruit/ Vegetables Milk	22 Beef Tacos Rice Fruit/ Vegetables Milk	23 Hamburger W/WO Cheese/ Ranch Beans Fruit/ Vegetables Milk	24 Calzone Pretzels Fruit/ Vegetables Milk	25
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26 Drink Choice: Min. 1 Fl oz daily. Milk must be offered.	27 Shrimp Tacos French Fries Fruit/ Vegetables Milk	28 Beef Enchiladas Refried Beans Fruit/ Vegetables Milk	29 Chicken Alfredo W/ Broccoli Fruit/ Vegetables Milk	30 Meatball Sub Tater tots Fruit/ Vegetables Milk	31 PB&J Chips Fruit/ Vegetables Milk	<b>Lunch: \$2.00</b> <b>Reduced: \$0.00</b> <b>Milk: \$0.50</b>
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