

March 2023

K-8 Breakfast 7:35A.M.-7:55A.M.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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***Menu subject to change**
***This is an equal opportunity employer.**
Pomerene School Breakfast Menu K-8



			1 Chocolate Chip Pancakes Fruit/ Vegetables Milk/ Juice	2 Assorted Danish Milk/ Juice 1/2 Day	3 Instant Oatmeal Milk/ Juice 1/2 Day	4
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<u>Nutrition requirements:</u> Main Dish Grain/ Meat or Meat alternative: Min. 1oz daily	5	6	7	8	9	10	11 Breakfast: \$1.25 Reduced: \$0.00 Milk: \$0.50
<u>Fruit Choice:</u> Min. 1/2c daily <u>Vegetable Choice:</u> Min. 1/2c daily	12	13	14	15	16	17	18
<u>Starchy, Beans/Peas, other 1/2c daily.</u> <u>Red/ Orange 3/4c Wk.</u>	19	20 Cereal Fruit/ Vegetables Milk/ Juice	21 Sausage, Egg and Cheese Sandwich Fruit/ Vegetables Milk/ Juice	22 Ham Slice & Hash brown Fruit/ Vegetables Milk/ Juice	23 Strawberry Cream Cheese Bagel Fruit/ Vegetables Milk/ Juice	24 Pancakes & Egg Patty Fruit/ Vegetables Milk/ Juice	25
<u>Drink Choice:</u> Min. 1 Fl oz daily. Milk must be offered.	26	27 Blueberry Muffin Fruit/ Vegetables Milk/ Juice	28 Instant Oatmeal Fruit/ Vegetables Milk/ Juice	29 Pancakes & Sausage Patty Fruit/ Vegetables Milk/ Juice	30 Egg & Cheese Biscuit Sandwich Fruit/ Vegetables Milk/ Juice	31 Cereal Fruit/ Vegetables Milk/ Juice	*Daily breakfast alternative: Yogurt and Graham crackers.

