

## Stretch Your Benefit Dollars:

Find a Dentist with Aetna's  
Docfind® Online Directory

### It's easy to find dental providers in your network

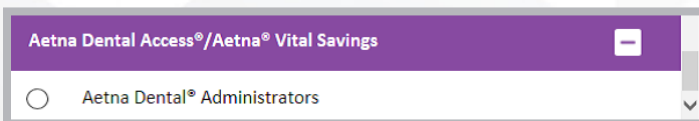
When you and your family seek dental care, you have access to Aetna's broad dental provider network. While you are permitted to see any dentist when enrolled in the ASBAIT dental plan, providers in the Aetna network offer services at strong, negotiated rates. This helps you save on the cost of dental services. Finding dentists in your network is easy when you use the online DocFind directory from Aetna.\* With up-to-date listings, you can search for providers by name, specialty, gender and more.

### Find Aetna providers online in just a few quick steps

You can use the DocFind directory anywhere you have Internet access. Just:

1. Visit:  
[www.aetna.com/docfind/custom/mymeritain/](http://www.aetna.com/docfind/custom/mymeritain/).

2. Choose:



3. Choose *Aetna Dental Access®/Vital Savings by Aetna®* under *Select a Plan*.
4. Choose your provider from the list of providers displayed on the results screen. Learn more about each by clicking on the provider's name.

If you have questions, we can help. Simply call Meritain Health at the number on the back of your ID Card.

5. Narrow your search results by using the filters under *Narrow Your Results*. Choices include *Group Affiliations, Languages, Gender and Specialty*.
6. For more search tips, you can click on *Search Tips* and *FAQs* on the home screen.

If you have questions while searching for a dentist, simply click on the *Contact DocFind* link. It's at the top of any DocFind page. You'll be able to send a quick comment or question.

### Why is dental health important?

Regular dental care gives you more than a bright smile. Poor oral health is linked to heart disease, stroke, diabetes, premature birth, osteoporosis and Alzheimer's Disease. By using your ASBAIT dental benefits, you can lower your risk of these health conditions.

### Find providers by phone

Need a provider when you're not near a computer? No problem. Simply call the Aetna Provider Line at 1.800.343.3140 from 8:00 a.m.–9:00 p.m. EST, Monday through Friday.

\*Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies, including Aetna Life Insurance Company and its affiliates.