



December 2022 Lunch K-8



Sun	Mon	Tue	Wed	Thu	Fri	Sat
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*Menu subject to change

*This is an equal opportunity employer

Pomerene School Lunch Menu K-8



					1 Mini Corn Dogs Ranch Beans Fruit / Vegetables Milk	2 PB&J Chips Fruit / Vegetables Milk	3 Lunch: \$2.00 Reduced: \$0.40 Milk: \$0.50 
<u>Nutrition</u> 4 requirements: Main Dish Grain / Meat or Meat alternative: Min. 1oz daily	5 Chicken Patty Sandwich & Black Beans Fruit / Vegetables Milk	6 Spaghetti Roll Fruit / Vegetables Milk	7 Chicken Tacos Rice Fruit / Vegetables Milk	8 Salisbury Steak & Mashed Potatoes Fruit / Vegetables Milk	9 Hot Dogs Tater Tots Fruit / Vegetables Milk	10	
11 Fruit Choice: Min. 1/2c daily Vegetable Choice: Min. 1/2c daily	12 Grilled Cheese & Tomato Soup Fruit / Vegetables Milk	13 Pepperoni Pizza Fruit / Vegetables Milk	14 Zuppa Toscana Soup & Roll Fruit / Vegetables Milk	15 Meatball Sub Chips Fruit / Vegetables Milk	16 Chicken Drumstick, Baked Beans & French Fries Fruit / Vegetables Milk	17	
18 Starchy, Beans / Peas, other 1/2c daily. Red / Orange 3/4c Wk.	19 Ham Slice, Mashed Potatoes, Green Beans & Roll Fruit / Vegetables Milk	20 No Lunch Out @ 10:30 A.M.	21	22	23	24 No School Winter Break	
25 Drink Choice: Min. 1 F1 oz daily. Milk must be offered.	26 	27	28	29	30 	31 No School Winter Break	